



# Lake Arrowhead

C O M M U N I T Y , I N C .

## FITNESS CENTER FACILITY CONSENT AND WAIVER OF LIABILITY

In order to use the facilities, shower rooms and equipment ("Facility") located at 40 Fairview Terrace, Limerick, ME, I hereby certify, covenant, and agree as follows:

1. I fully recognize that I am responsible for knowledge of my own state of health at all times and use the Facility at my own risk.
2. I will do all exercise and activities at my own risk. I acknowledge that neither the Community nor the Employees are expected or required to provide training on any of the equipment in the Facility or to provide training materials.
3. I acknowledge that neither the Community, nor employees make any representation or warranties about the condition of the equipment.
4. I acknowledge that the Facility is not staffed with a lifeguard.
5. I understand and acknowledge that neither the Community nor any of the Community's advisors, agents, or employees, represents that its employees have expertise in diagnosing, examining or treating medical conditions of any kind or in determining the effect of any specific exercise on any medical conditions.
6. I understand that in participating in one or more exercises or fitness activities at the Facility, or in use of the equipment or the Facility in any way, there is a possibility of accidental or other physical injury, loss of life or loss of my personal property. I agree to assume that risk of any such accident, injury, loss of life or loss of property. I hereby release and forever discharge Community and employees, officers, personnel, affiliates, and their successors and assigns (collectively, the "Released Parties"), from any and all liability, harm and damage, and waive any and all claims whatsoever, for any injury, accident, loss of life or loss in connection with my use of or entry into the Facility. In addition, I hereby agree to forever defend, indemnify and hold harmless the Released Parties from any and all costs, claims, liability, harm, damage or expenses resulting from my use of or entry into the facility or the equipment.
7. I acknowledge that I have received and read a copy of the current Rules and Regulations governing the use of the Facility. I agree that I will fully comply with all rules and regulations as they are amended from time to time.

**Name:**

**Signature:**

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Lot: \_\_\_\_\_ Property Address: \_\_\_\_\_ Town: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_